

Blackheath Medical Practice

Influenza Vaccination Campaign 2020

Attending for your influenza vaccination

- If possible, come with someone else from your family. We would like you to wait in your car with someone else for about ten minutes after the vaccination. We have never had a serious vaccination problem at Blackheath but they do happen.
We would rather you stay close to the premises for ten minutes.
- You must wear a face covering. A visor on its own is not enough. You can wear a visor with a face covering if you wish.
- The face covering must fit properly. Too many people are coming to the surgery with poorly-fitted coverings that slip down off their nose.
- Do NOT pull the face covering down to speak.
- Wear clothing that allows easy access to your upper arm. Do not come in a tight fitting long sleeve shirt or blouse that needs several buttons to undo or that you cannot roll up easily.
- Only attend if you are completely well and fit to have the vaccination.
- Your temperature will be checked on arrival and you may be refused entry to the premises if it is not normal.
- Please use the hand gel at the practice entrance to sterilise your hands on arrival.
- Touch as little as possible.
- Maintain social distancing at all times. Please avoid being the funny guy, laughter can spread infected aerosol droplets.
- No “while I’m here”! You must not take the opportunity to raise other matters with the healthcare worker or the receptionists. The vaccination clinics must be kept flowing and if you raise some other matter you will stop the line and disrupt other people’s care.
- Those who are physically fit to negotiate the step at the fire exit and the slightly uneven path can leave through the back door fire exit.

What if I’m shielding or I am poorly mobile?

- Some patients will be able to have their vaccination in their car.
- The patient stays in the vehicle.
- The upper arm must be easily accessible. Consider simply covering the arm with a shawl/ coat for warmth.
- For safety, the patient should wait close to the premises for ten minutes in case of an adverse reaction.